



OFFICE OF THE PRINCIPAL

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Established : 1956


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Ref. No.

Date: 28/06/2024

AWARENESS PROGRAMME ON DRUG DE-ADDICTION

Tinsukia College; 28th June 2024: An awareness programme on drug de-addiction was organized by the Department of Chemistry, Tinsukia College on 28th June 2024. The main objective of the programme was to educate students and local youths about the consequences of drug abuse and ways to avoid from falling into its trap. Ms. B.K. Rajani, Coordinator, Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya, Tinsukia, an experienced speaker on spirituality and personality development was the resource person. She explained on how drug dealers and sellers prey on vulnerable individuals, especially young people. She also highlighted the common tactics use by these sellers to entice individuals into trying drugs such as by offering gifts. She also elaborated on the severe physical, psychological and social consequences of drug addiction. The speaker emphasized that drug abuse not only destroys an individual health but also have a negative impact on their family, career and overall life trajectory. Ms. Rajni discussed the importance of saying no to drugs, choosing the right company and staying away from drugs environment. She highlighted spirituality as a tool for overcoming addiction. She explained how connecting with one inner self through spirituality can strengthen will power and provide a sense of purpose, which is crucial in resisting the temptation of drugs. She introduced and demonstrated meditation as an effective practice to combat stress, anxiety, other emotional triggers and as a method to calm mind and reinforce positive thoughts in individuals.


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(Dr. Surjya Chutia)
Principal
Tinsukia College
Tinsukia

Autism Programme on Drug-De-Addiction amongst the students and Local Youths of Tinsukia District, Assam

SL. No	Name of Participant	Signature
	Dr. Sarwati Phookan	<i>[Signature]</i> 28-06-24
	Ruby Baruah	<i>[Signature]</i> 28/06/24
	Jaydeep Goswami	<i>[Signature]</i> 28/06/24
	Sana Bhanu	<i>[Signature]</i> 28/6/24
	Minakshi Chandra	<i>[Signature]</i> 28/6/24
	Abhishek Borah	<i>[Signature]</i> 28/6/24
	Dr. Biplab Banik	<i>[Signature]</i> 28-06-24
1	Sagarika Moran	Sagarika Moran
2	Sneha Acharjee	Sneha Acharjee
3	Shreya Baidya	Shreya Baidya
4	Sneha Singh	Sneha Singh
5	Shantipriya Chakma	<i>[Signature]</i>
6	Mitihar Brahma	Mitihar Brahma
7	Tapaswinee Kashyap	<i>[Signature]</i> Kashyap
8	Priya Sharma	<i>[Signature]</i> Sharma
9	Baisali Gupta	Baisali
10	Vijaya Laxmi Gupta	<i>[Signature]</i> Gupta
11	Jurnoni Pegu	<i>[Signature]</i> Pegu
12	Supratim Roy	Supratim
12	Tushar Seal	<i>[Signature]</i> Tushar Seal
14	Anush Phommick	Anush
15	Arpita Das	Arpita Das
16	Nikita Singh	Nikita Singh
17	Samim Sultan	<i>[Signature]</i> Sultan
18	Payal Singha	<i>[Signature]</i> Payal Singha
19	Shatruugh Pandit	Shatruugh Pandit
20	Deepak Chauhan	Deepak Chauhan
21	Pritham Mohanta	<i>[Signature]</i> Mohanta
22	Supratim Choudhury	<i>[Signature]</i> Choudhury

[Signature]
 Head
 Department of Chemistry
 Tinsukia College

Principal
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Date: 28.06.2024

Speaker: B.K. Rajani, Coordinator, Prajapita Brahma Kumaris
Ishwariya Vishwa Vidyalaya, Tinsukia

Sl. No	Name of participant	Signature
23.	Pratishmita Ghosh	Pratishmita Ghosh
24.	Diksha Baruah	Diksha Baruah
25.	Ankita Baruah.	Ankita Baruah.
26.	Vishal Kumar Sah	Vishal
27.	Kush Kumar Shah	Kush Kumar Shah
28.	Satyam Pandey	Satyam Pandey
29.	Suroj Kumar Yadav	Suroj Kumar Yadav
30.	Amit Kumar Sah	Amit Kumar Sah
31.	Vinod Singh	Vinod Singh
32.	Ayush kishan	Ayush kishan
33.	Nibharaj Khardong	Nibharaj Khardong
34.	Trinayan jyoti Chandra	Trinayan jyoti Chandra
35.	Govin Sharma	Govin Sharma
36.	Sahil Laskar	Sahil Laskar
37.	Hemurajou Saitia	H. Saitia
38.	Safil Akhtar.	Safil Akhtar.
39.	Sagar Sah	Sagar Sah
40.	Karan Karanikar	Karan
41.	Darav jyoti Patin	Darav
42.	Ankit Sharma	Ankit Sharma
43.	Anjali Verma	Anjali
44.	Nisha Biswakarma	Nisha
45.	Karan Biswakarma	Karan
46.	Kalpajyoti Nath	Kalpajyoti Nath
47.	Rohan Adhikari	Rohan
48.	Anish Kumar Sah	Anish Kumar Sah
49.	Upmeh Kumar Thakur	Upmeh Kumar Thakur
50.	Sorajit Singha	Sorajit Singha
51.	Pratik Das	Pratik Das
52.	Rohit Das	Rohit Das
53.	Jay Das	Jay Das
54.	Rohit Kumar Sharma	Rohit Kumar Sharma
55.	Parishmita Moran	Parishmita Moran
56.	Anita Kumbang	Anita Kumbang

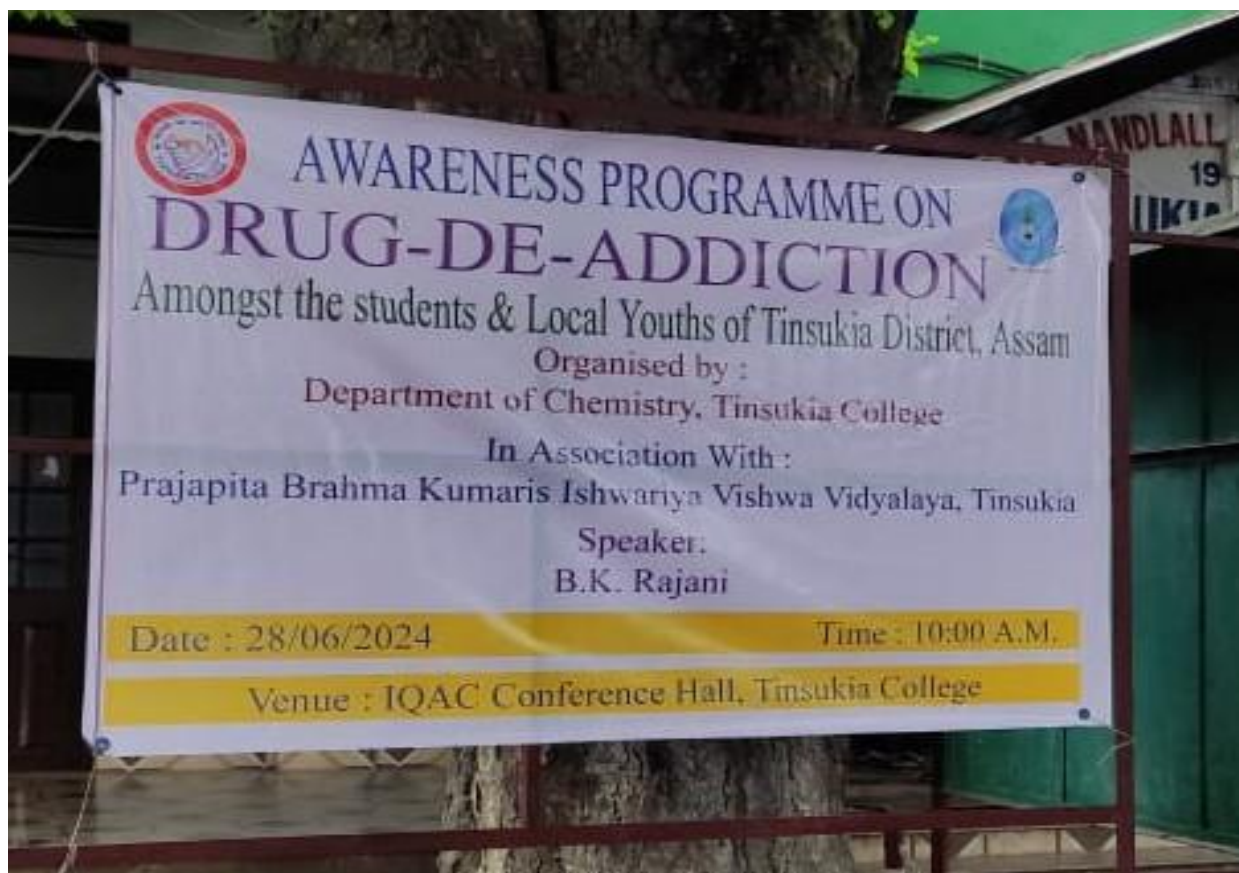
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57.	Gangabai Buragohain	Gangabai Buragohain
58.	Rohit Nay	Rohit Nay
59.	Shriya Chanda	Shriya Chanda
60.	Bushra Tahsin	Bushra Tahsin
61.	Radhika Mandal	Radhika Mandal
62.	Nilakshi Monan	Nilakshi Monan
63.	Khangita Chutia	Khangita Chutia
64.	Pompi Regan	Pompi Regan
65.	Sikhmoni Dohutia	Sikhmoni Dohutia
66.	Prithi Limbu	Prithi Limbu
67.	Bonti Mahanta	Bonti Mahanta
68.	Deepshikha Vishwakarma	Deepshikha Vishwakarma
69.	Dipa Brawala	Dipa Brawala
70.	Anjelika Moreang	Anjelika Moreang
71.	Febahuti Phukan	Febahuti Phukan
72.	Deepika Upadhyaya	Deepika Upadhyaya
73.	Mahabees Kussam	Mahabees Kussam
74.	Ananaya Chanda	Ananaya Chanda
75.	Drishhti Phukan	Drishhti Phukan
76.	Anjama Khadun	Anjama Khadun
77.	Masum Khatun	Masum Khatun
78.	Sugawati Bhagat	Sugawati Bhagat

28-06-21
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Photographs of the Awareness Programme on “Drug Deaddition” organized by Department of Chemistry, Tinsukia College on 28th June, 2024.