

TINSUKIA COLLEGE



TINSUKIA - 786 125 (ASSAM)

Established : 1956

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Ref. No.

Date: 28/06/2024

AWARENESS PROGRAMME ON DRUG DE-ADDICTION

Tinsukia College; 28th June 2024: An awareness programme on drug de-addiction was organized by the Department of Chemistry, Tinsukia College on 28th June 2024. The main objective of the programme was to educate students and local youths about the consequences of drug abuse and ways to avoid from falling into its trap. Ms. B.K. Rajani, Coordinator, Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya, Tinsukia, an experienced speaker on spirituality and personality development was the resource person. She explained on how drug dealers and sellers prey on vulnerable individuals, especially young people. She also highlighted the common tactics use by these sellers to entice individuals into trying drugs such as by offering gifts. She also elaborated on the severe physical, psychological and social consequences of drug addiction. The speaker emphasized that drug abuse not only destroys an individual health but also have a negative impact on their family, career and overall life trajectory. Ms. Rajni discussed the importance of saying no to drugs, choosing the right company and staying away from drugs environment. She highlighted spirituality as a tool for overcoming addiction. She explained how connecting with one inner self through spirituality can strengthen will power and provide a sense of purpose, which is crucial in resisting the temptation of drugs. She introduced and demonstrated meditation as an effective practice to combat stress, anxiety, other emotional triggers and as a method to calm mind and reinforce positive thoughts in individuals.

PRINCIPAL
TINSUKIA COLLEGE
TINSUKIA
(Dr. Surjya Chutia)
Principal
Tinsukia College
Tinsukia

Awareness Programme on Drug- De-Addiction
amongst the students and Local Youths of Tinsukia
District, Assam

SL. No	Name of Participant	Signature
	Dr. Salma Phukan	Salma 28/06/24
	Ruby Baruah	Ruby 28/06/24
	Jaydeep Goswami	Jaydeep 28/06/24
	Sana Bhowmik	Sana 28/6/24
	Minakshi Channa	Minakshi 28/6/24
	Debadab Goswami	Debadab 28/6/24
1	Do. Biplob Banik	Biplob Banik 28/06/24
2.	Sagarika Moran	Sagarika Moran
3.	Sneha Acharya	Sneha Acharya
4.	Shreyaa Baidya	Shreyaa Baidya
5.	Sneha Singha	Sneha Singha
6.	Shantipriya Chakma	Shantipriya Chakma
7	Mitijar Brahma	Mitijar Brahma
8	Tapaswini Kashyap	Tapaswini Kashyap
9.	Priya Sharma	Priya Sharma
10	Baisali Gupta	Baisali
11	Vijaya Laxmi Gupta	Vijaya Laxmi Gupta
	Junmoni Pegu.	Junmoni Pegu.
12.	Supratim Roy	Supratim Roy
13.	Tushar Seal	Tushar Seal
14.	Dimab Phukan	Dimab Phukan
15	Arpita Das.	Arpita Das.
16	Nikita Singh	Nikita Singh
17	Samim Sultana	Samim Sultana
18.	Payal Singha	Payal Singha
19.	Shatnure Pandit	Shatnure Pandit
20	Deepak Chauhan	Deepak Chauhan
21	Pratim Mohato	Pratim Mohato
22.	Supratim Choudhury	Supratim Choudhury

Date: 28.06.2024

Speaker: B. K. Rayani, Coordinator, Prajapita Brahma Kumaris
Ishwariya Vishwa Vidyalaya, Tinsukia

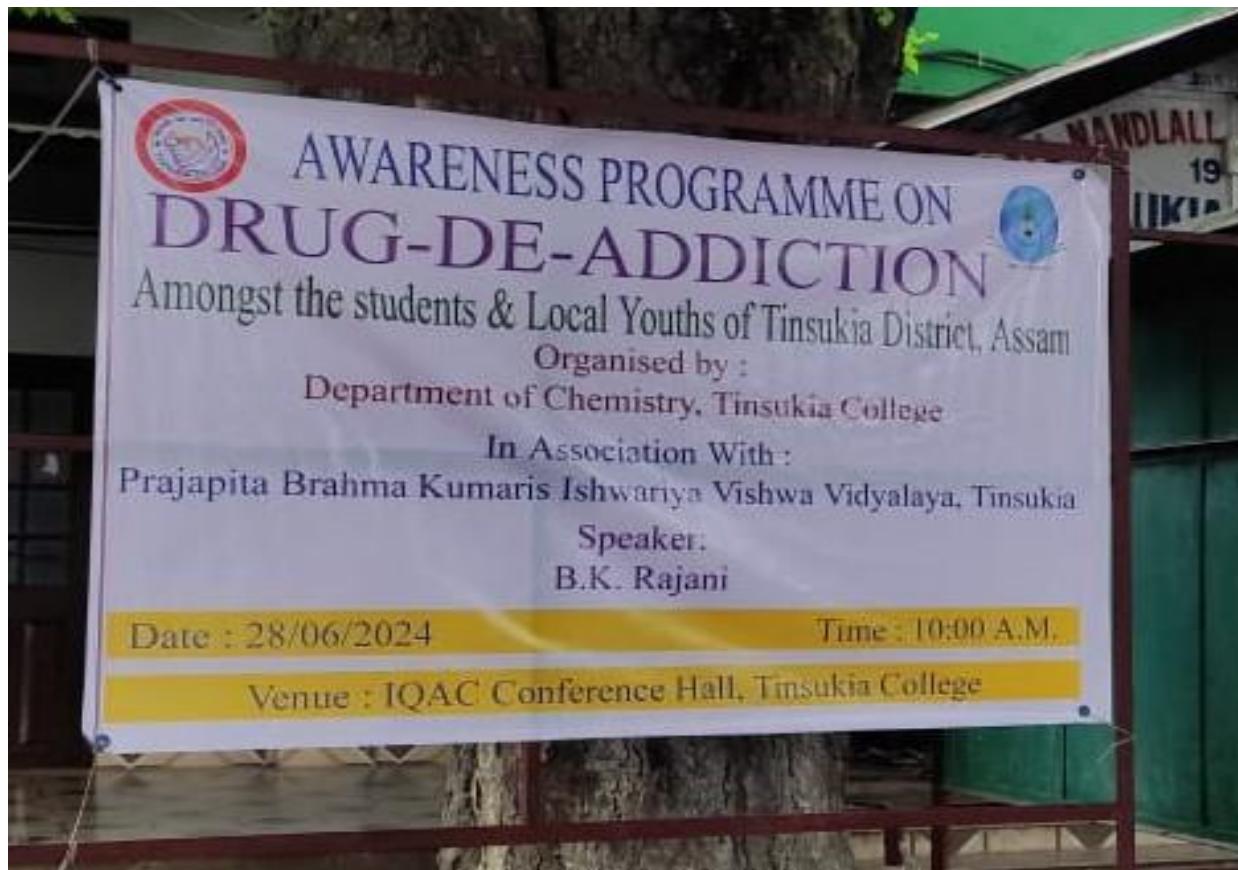
Sl. No	Name of participant	Signature
23.	Pritishmita Ghosh	Pritishmita Ghosh
24.	Diksha Baruah	Diksha Baruah
25.	Ankita Baruah.	Ankita Baruah.
26.	Vishal Kumar Sah	Vishal
27.	Kush Kumar Shah	Kush Kumar Shah
28.	Satyam Pandey	Satyam Pandey
29	Suroj Kumar Yadav	Suroj Kumar Yadav
30	Amit Kumar Sah	Amit Kumar Sah
31	Vinit Singh	Vinit Singh
32	Ayush Kishan	Ayush
33	Nibaraj Kardong	Nibaraj Kardong
34	Trinayan Jyoti Chetia	Trinayan Jyoti Chetia
35	Govin Sharma	Govin Sharma
36	Sahil Laskar	Sahil Laskar
37	Monuranjan Saitia	M. Saitia
38	Sqil Akhtar.	Sqil Akhtar.
39	Sagar Sah	Sagar Sah
40	Karan Karzakar	Karan
41.	Darbari Patin	Darbari
42	Antil Sharma	Antil Sharma
43.	Anjali Verma	Anjali
44	Nisha Biswakarma	Nisha
45	Karan Biswakarma	Karan
46.	Kalpajyoti Nath	Kalpajyoti Nath
47	Robin Adhikari	Robin Adhikari
48	Anish Kumar Sah	Anish Kumar Sah
49	Upasna Kumar Thakur	Upasna Kumar Thakur
50	Sonobit Singh	Sonobit Singh
51	Prakriti Das	Prakriti Das
52	Rohit Das	Rohit Das
53	Jay Das	Jay Das
54	Rohit Kumar Sharma	Rohit Kumar Sharma
55.	Parishmita Moran	Parishmita Moran
56	Anita Kumbang	Anita Kumbang

57.	Gayatri Buragohain
58.	Rohit Dey
59.	Shriya Chanda
60.	Bushra Tahmin
61.	Radhika Mandal
62.	Nilakshi Mohan
63.	Khangita Chutia
64.	Pompi Regon
65.	Sikhamoni Dohutia
66.	Priti dimbu
67.	Bonti Mahanta
68	Deepshikha Vishwakarma
69	Dipa Chowdhury
70	Anjelika Moreang
71.	Geobaheen Phukan
72.	Deepika Upadhyaya
73.	Mahabeen Kissein
74.	Ananya Chanda
75.	Drishti Phukan
76.	Anjana Khadun
77.	Masum Khadun
78.	Sugawati Bhagat

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 Anjana Khadun
 Masum Khadun
 Sugawati Bhagat

Cphutia 06/06/2011
 Head
 Department of Chemistry
 Tinsukia College

Principal
 TINSUKIA COLLEGE
 Tinsukia



Photographs of the Awareness Programme on “Drug Deaddition”organized by Department of Chemistry, Tinsukia College on 28th June, 2024.